Relief of Pain

St John

- Primary Care
- Intermediate Care
- Advanced Care
- Critical Care

PAIN RELIEF REQUIRED

PRIMARY SURVEY
with c-spine consideration

Apply reassurance ↔ **Consider patient positioning**

Consider cardiac monitoring as indicated ↔ **Perform Vital Sign Survey** ↔ Consider **IV access** as necessary

Record pain score
(--/10)

Manage Trauma
as required ↔ **Consider Secondary / CNS Survey**

- Empathy
- Reassurance
- Distraction
- Patient Positioning
- Immobilisation & Splinting
- Cooling / Icing

↔ **Apply non-pharmacological pain-relief strategies**

Administer analgesic medications as indicated

- **Paracetamol** (PO)
- **Cophenylcaine** (Topical)
- **Methoxyflurane** (IH)
- **Fentanyl** (IN / IV / IO)
- **Ketamine** (IM / IV / IO)
- **Morphine (IM / IV / IO)**

Beware the synergistic effects of combining medications

Re-consider:
Non-pharmacological pain-relief strategies ↔ **Record pain score**
(--/10)

Monitor closely
Record observations
Stable: Every 10 minutes
Time Critical: Every 5 minutes.

Time Critical: Transport
Priority 1

Patient Stable: Transport
Via normal road conditions