

How to Doff your PPE

ORDER IS IMPORTANT



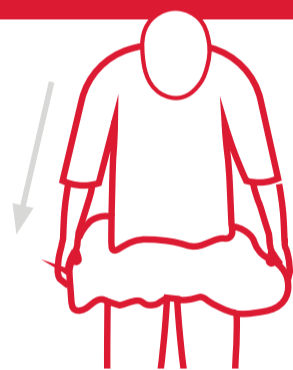
Remove gloves



STEP
1 & 2

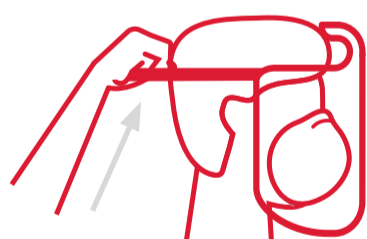
Remove gown/coverall

Ensure gown/coverall is pulled away from the body during removal and that clothing does not become contaminated.
Dispose of them safely.

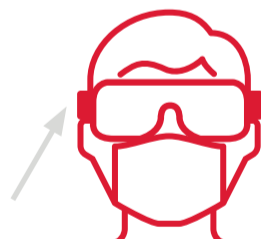


STEP
3 & 4

Remove eye protection



Remove face shield

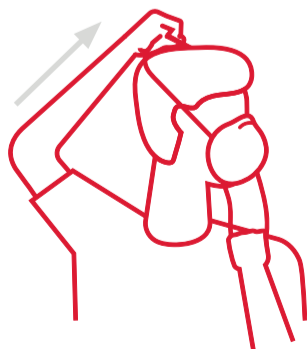


or goggles

STEP
5 & 6

Remove mask

Ensure taking the mask off from the straps, avoid touching the mask.



STEP
7 & 8

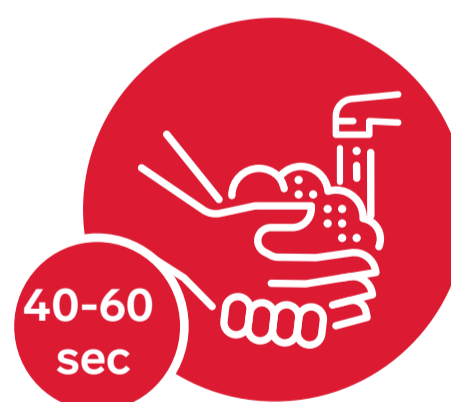
Perform hand hygiene



20-30
sec

Alcohol based hand rub

or



40-60
sec

Water and soap



Use your smartphone camera to access the
Clinical Resource Guidelines here